

WITH ONE VOICE CHOIRS PROGRAM

presented by Creativity Australia



PATRONS Marigold Southey | Hugh Morgan AC
Professor Allan Fels AO | Rosie Lew AM
The Late Dame Elisabeth Murdoch AC DBE
FOUNDER Tania de Jong AM

OUR MISSION

Loneliness and the depression that accompanies it, is the global epidemic of our era. Statistics show that 2 in 5 people feel socially isolated and unheard. This isolation leads to serious mental and physical health issues and great economic disadvantage. We help bridge the gap between people experiencing disadvantage and those more fortunate through the neuro-scientific benefits of community singing. We build supportive networks that help people connect to brighter futures.

OUR VISION

Creativity Australia is building a happier, healthier, more inclusive nation through the life-changing *With One Voice* program.

What we do

Hold weekly community choirs and singing projects that bring singing back into everyday life

Welcome all people, regardless of age, race, religion, disability or disadvantage

Research and celebrate how the neuroscience of singing makes us happier, healthier, smarter and more creative

Help people connect to joy, wellbeing, friends, mentors, skills, networks and employment

Empower people through our Wish List to find their unique voice and give back to others

Invite like-minded groups to join us in making the world a better place

Help people access community services, especially in relation to physical and mental health

MEMBER DEMOGRAPHY



Swinburne University Research, supported by Beyondblue and Mitchell Institute for Health and Education Policy

12 years . 35+ programs Australia-wide . 6,000+ participants . 100s of volunteers
100s of work experience, skills, mentoring & employment opportunities . 1,000+ inspiring performances . 4,200+ wishes granted (since 2013) . 100s of connections to health and social services . National & international interest to commence new programs
Development of the With One Voice Social Franchise model

"I come to choir for freedom, independence and a sense of belonging. Because I feel like I don't belong anywhere else. I do belong here. At choir no one sees my wheelchair. They see me, as a person."

Beth - With One Voice Melbourne

95%

feel better
after choir

98%

experienced
less stress

66%

feel less
depressed

81%

improved
wellbeing

71%

feel more
included

84%

have made
new friends

Results from a recent member
'choir experience' survey

OUR SEED FUNDING

Creativity Australia is offering seed funding grants of up to \$10,000 to communities or groups who are wanting to start a With One Voice choir in their community. Grant awardees will also enrol in a one year mentoring program to ensure choirs have the best chance of sustainability.

OUR LIVE-STREAM

Check out our free live-streamed Conductor led sessions.

www.facebook.com/WOVLive



Together, we can change the world...one voice at a time.

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