## Interview Schedule

Section One - Hopes, Dreams and Values (the baseline)

- 1/ Why did you want to join the choir? When did you join? Was there any time between your desire to join and acting on it? Why was that? (Gentle prompts re motivations and barriers.) 2/ What else was going on in your life at the time? (Gentle prompts re relationships, community, work, self-esteem.)
- 3/ What were you were hoping to gain or learn from being part of the choir? (Gentle prompts about personal aspirations re relationships, employment, self-esteem.)

Section Two - The Experience (bridging and bonding social capital.)

- 4/ Has being part of the choir led you to experience or learn any of the things you had hoped for yet? (How do you think being in the choir has contributed/or not contributed to this?) 5/ Have you met anyone in the choir who you like/have made friends with/see outside of the choir? What is it that you like about them? What do you do together?
- 6/ Have you take advantage of the 'wish list'?\* If yes, as a giver or receiver? What for?
- 7/ Do you participate in the suppers after choir? Why or why not? How do you feel about the suppers?
- 8/ Can you tell me about anything else that has changed in your life since you have been in the choir (positive and negative experiences, prompt as to why they think that is)?

Section Three - Outcomes and Impact

- 9/ What is the very best part of being in the choir?
- 10/ What do you think you have gained from being in the choir?
- 11/ Is there anything about being in the choir that you'd change if you could?
- 12/ is there anything we haven't talked about yet that you'd like to mention/have included?

Finally can you please rate how you felt about yourself and your life when you started with the choir and how you feel now. On a 1 (Feeling pretty awful) to 10 (Feeling Fabulous) — Thanks!

The interviews were conducted at the premises of the interviewee's home choir, in a private space, either before or after weekly choir sessions. Interviewees were provided with an Informed Consent Statement which was fully explained to them prior to the commencement of each interview, to ensure they fully understood all issues relating to the level of anonymity, confidentiality and privacy concerning their personal information. Although all interviewees were given the option of remaining anonymous, they all elected to have their names included in the report (see Appendix B). Each was asked to sign a statement prior to participating in an interview, indicating their consent. Interviews took between 45 and 60 minutes and all except one were audio-recorded, with the interviewee's consent.