



With One Voice – Choir Participant Survey 2014

Survey of With One Voice Choir participants

PROJECT INFORMATION STATEMENT



Survey of *With One Voice* Choir participants

Creativity Australia has asked Swinburne University to conduct a survey of *With One Voice* Choir participants. The survey is part of a research project the purpose of which is to explore whether community choir programs have the potential to be used as preventative and early intervention mechanisms for improving wellbeing, employment and welfare outcomes for long-term-unemployed and marginalised participants. Previous research has demonstrated the links between singing and psychological wellbeing. While many community choir programs are established to enhance health and wellbeing, an unintended, and seemingly unique, outcome of some choirs in Creativity Australia's *With One Voice* program has been a rise in employability for marginalised participants. This project seeks to evaluate and measure the social impact of community choir programs, through the case study vehicle of project partner Creativity Australia's *With One Voice* program.

How you can help: As you are or were recently a choir participant we would like you to fill out this survey.

The project has been approved by the Swinburne University Human Research Ethics Committee. Participation in this research is entirely voluntary and all responses are anonymous. Survey responses will go directly to the Swinburne researchers and individual respondents (you and all others who complete the survey) will not be identifiable in any reports arising from the evaluation. Only the researchers will have access to the data, which will be stored with password protection only accessible to them and which will be kept for five years and then will be destroyed.

You are free to participate or not to participate in this survey. If you change your mind after starting the survey you are free to not complete or submit the survey, without any penalty.

The survey will take approximately 15 minutes to complete. It includes questions ranging from demographic information, your experience of various aspects of the *With One Voice* choir, and the extent to which participation in the choir contributes to your sense of personal wellbeing. The survey will remain open until Friday 7th November, 2014.

By completing this survey, you are consenting to participate.

Researchers and outcomes: This research is being conducted by Dr Elizabeth Branigan, Centre for Social Impact - Swinburne, Faculty of Business & Enterprise, Swinburne University of Technology and Ross Maher, Creativity Australia. The results of the survey will be used to provide a report to Creativity Australia. The survey results may also be used in academic publications.

If you need more information about the research or if there is anything you do not understand, please do not hesitate to contact:

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This project has been approved by or on behalf of Swinburne's Human Research Ethics Committee (SUHREC) in line with the *National Statement on Ethical Conduct in Human Research*. If you have any concerns or complaints about the conduct of this project, you can contact:

Research Ethics Officer, Swinburne Research (H68),
Swinburne University of Technology, P O Box 218, HAWTHORN VIC 3122.
Tel (03) 9214 5218 or +61 3 9214 5218 or resethics@swin.edu.au

With One Voice – Choir Participant Survey 2014

About you:

1. Gender (please tick appropriate box): Male Female
2. Age:
 < 17 18 – 24 25 – 39 40 – 54 55 – 69 70 +
3. Postcode where you live: _ _ _ _
4. In which country were you born? _____
If you were born in Australia, please go to question 7.
5. **If not Australia-born:** In what year did you move to Australia? _____
6. **If not Australia-born:** Which one of the following best describes your arrival in Australia:
 Migrated with my family as a minor Family reunion
 Refugee Asylum seeker
 Migrant – skilled Migrant – unskilled
 Other - Please specify _____
7. How would you rate your English language skills? Please choose one option only.
 Poor Intermediate Fluent
8. What language do you mainly speak at home?
 English Greek Italian Mandarin
 Vietnamese Cantonese Arabic Hindi
 Turkish
 Other Please specify _____
9. If you had to get \$2000 for something important, could the money be obtained within a week?
 Yes No
10. Are you currently employed?
 Yes No **If no, go to question 17.**

If yes to question 10 (currently employed) please answer the following questions:

11. Do you have specific employment skills training/qualifications?
 Yes No
12. Is your employment in the field of your training/qualifications?
 Yes No

13. Are you actively looking for a new/different job?

- Yes No

14. *(If yes)* Do you think the Choir can help with your search in any way?

- Yes No

15. Is your employment full-time?

- Yes ***If yes, please go to question 21.***
 No ***If no, (employment is not full-time) please proceed to next question:***

16. Are you looking for more hours?

- Yes ***If yes, please go to question 20.***
 No ***If no, (not looking for more hours) please also go to Q20.***

17. ***If you are not employed***, which of the following best describes your situation?

- Retired Student Parent or carer
 Job seeker - Short-term unemployed
 Job seeker – More than 12 months unemployed
 Unemployed and not seeking employment
 Other *Please specify* _____

18. ***If you are a job seeker (short or longer-term)***, are you actively looking for work?

- Yes No

19. ***If Yes***, what kind of a job are you looking for? Please specify:

20. ***If you are a job seeker, short or longer-term***, which of the following barriers to employment do you think you face?

Choose any that apply

- Job specific skills / training Confidence Wardrobe
 Interview skills Physical disability Mental health
 Family commitments Homelessness
 Other *Please specify* _____

21. Do you have contact with social welfare &/or mental health support systems?

- None Occasional Regular

22. ***If Occasional or Regular***, are you confident in your ability to get full access to appropriate social welfare &/or mental health services and support?

- Yes No

With One Voice and your participation

23. Which program do/did you attend?

- | | |
|--|--|
| <input type="checkbox"/> With One Voice ANZ | <input type="checkbox"/> With One Voice Heidelberg |
| <input type="checkbox"/> With One Voice Ashburton | <input type="checkbox"/> With One Voice Melbourne |
| <input type="checkbox"/> With One Voice Brisbane | <input type="checkbox"/> With One Voice Orygen Youth Health |
| <input type="checkbox"/> With One Voice Footscray | <input type="checkbox"/> With One Voice Royal Children's Hospital |
| <input type="checkbox"/> With One Voice Geelong | <input type="checkbox"/> With One Voice St Kilda |
| <input type="checkbox"/> With One Voice Greater Dandenong | <input type="checkbox"/> With One Voice Sydney |

24. How long have you been attending the With One Voice program?

- | | | |
|-------------------------------------|-------------------------------------|---------------------------------------|
| <input type="checkbox"/> < 3 months | <input type="checkbox"/> 3-6 months | <input type="checkbox"/> 6-12 months |
| <input type="checkbox"/> 1-2 years | <input type="checkbox"/> 2-3 years | <input type="checkbox"/> 3 years plus |

25. On average, how often do you attend your With One Voice choir?

- | | | |
|---------------------------------|--------------------------------------|----------------------------------|
| <input type="checkbox"/> Weekly | <input type="checkbox"/> Fortnightly | <input type="checkbox"/> Monthly |
|---------------------------------|--------------------------------------|----------------------------------|

26. Are you a full fee paying participant?

- | | |
|------------------------------|-----------------------------|
| <input type="checkbox"/> Yes | <input type="checkbox"/> No |
|------------------------------|-----------------------------|

27. **If no** (you are a subsidised participant) what is the reason for your subsidy?

- | | |
|---------------------------------------|---|
| <input type="checkbox"/> Unemployment | <input type="checkbox"/> Health care card |
| <input type="checkbox"/> Other | Please specify _____ |

28. **If yes** (you are a fee paying participant) do you sponsor one or more less-fortunate people to be part of the *With One Voice* program?

- | | |
|------------------------------|-----------------------------|
| <input type="checkbox"/> Yes | <input type="checkbox"/> No |
|------------------------------|-----------------------------|

29. **If no**, would you consider sponsoring one or more less-fortunate people to be part of the *With One Voice* program?

- | | |
|------------------------------|-----------------------------|
| <input type="checkbox"/> Yes | <input type="checkbox"/> No |
|------------------------------|-----------------------------|

30. Have you participated in the 'wish list' as a *giver*?

- | | |
|------------------------------|---|
| <input type="checkbox"/> Yes | <input type="checkbox"/> No If no, please go to question 32. |
|------------------------------|---|

31. **If yes** (you have participated in the 'wish list' as a *giver*), what have you provided?

32. Have you participated in the 'wish list' by making a wish?

- | | |
|------------------------------|--|
| <input type="checkbox"/> Yes | <input type="checkbox"/> No If no, please go to question 35 |
|------------------------------|--|

33. **If yes** (you have made a wish), what did you wish for?

34. **If yes** (you have made a wish), was your wish met?
 Yes No
35. Other than via the 'wish list' have you *provided* any form of support in the last year to another Choir member or members?
 Yes No **If no, please go to question 37.**
36. **If yes** (you have received other support), please indicate which form of support you have provided. *Select any that apply.*
 Emotional Practical Financial Transport
 Other *Please specify* _____
37. Other than via the 'wish list' have you *received* any form of support in the last year from another Choir member or members?
 Yes No **If no, please go to question 39.**
38. **If yes**, Please indicate which form of support you have received. *Select any that apply.*
 Emotional Practical Financial Transport
 Other *Please specify* _____
39. Do you participate in the suppers after Choir?
 Yes No **If no, please go to question 42.**
40. **If yes**, how often do you participate in the suppers after Choir?
 Rarely Occasionally Mostly Always
41. Why do you participate in the suppers after Choir? Please select any that apply.
 Food Friendship Fun To be part of the team
 Other *Please specify* _____

***With One Voice* choir program and communications**

Please rate how familiar you are with the following:

	Very familiar	Somewhat familiar	Not familiar at all
42 The Wish List	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
43 The Choir Volunteer Program	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
44 Creativity Australia website	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
45 Creativity Australia Facebook	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
46 Creativity Australia YouTube channel	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

47. In addition to singing, *With One Voice* aims to link people with resources they need to improve their day-to-day lives. To which of the following would you like more access. *Please select all that apply.*

- Community news
- Education resources
- Employment resources
- Information and services for families
- Information and services for seniors
- Creative resources e.g. singing or other creative classes and activities
- Internet access
- Mental health resources
- Health and wellbeing resources
- Information and services for migrants
- Information & services for young people
- Opportunities to help others
- Other *Please specify* _____

Please proceed to next page

Your experience of the *With One Voice* choir program

On the five-point scale provided please rate your response to the following statements

	Strongly Agree	Agree	Neither agree, nor disagree	Disagree	Strongly Disagree
48 Choir is a great way to de-stress	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
49 I always feel better about my day after choir	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
50 I feel less depressed &/or less anxious since attending choir	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
51 My language skills have improved since attending choir	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
52 My communication skills have improved since attending choir	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
53 My self-confidence has improved since attend choir	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
54 I have developed new skills and knowledge at choir that help me in my day-to-day life	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
55 I have developed new skills and knowledge at Choir that help me in my job	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
56 I have found a mentor at choir	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
57 I have improved my understanding of other cultures and people	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
58 Choir is a great way to bond with colleagues, friends and family	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
59 I have made new friends at choir	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
60 I would like more performances	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
61 I would like to mentor or support a choir member	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
62 Granting wishes and helping others has enriched my life	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Each of the statements below is asking for you to respond in two parts.

First, please indicate to **your initial hopes** for the Choir- your expectations before you joined.
 Second, please indicate **your experience** with the Choir - the extent to which your hopes have been met.

	Strongly Agree	Agree	Neither agree, nor disagree	Disagree	Strongly Disagree
63 On joining the Choir I hoped to have fun singing with others	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
64 In my experience , the Choir has provided the chance to have fun singing with others	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
65 On joining the Choir I hoped to improve my community involvement	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
66 In my experience , the Choir has improved my community involvement	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
67 On joining the Choir I hoped to improve my sense of general well-being	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
68 In my experience , the Choir has helped me to improve my general well-being	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
69 On joining the Choir I hoped to improve my employment contacts, communication and other skills, pathways to jobs &/or other opportunities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
70 In my experience , the Choir has helped me to improve my employment contacts, communication and other skills, pathways to jobs &/or other opportunities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
71 On joining the Choir I hoped to gain new friends/relationships	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
72 In my experience , the Choir has helped me to gain new friends/relationships	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
73 On joining the Choir I hoped to learn new things	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
74 In my experience , the Choir has helped me learn new things	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

75. If you have learned new things, please specify what new things you have learned through your participation in the With One Voice program

- Singing in harmony Working as a team English language
 Communications Confidence
 Other *Please specify* _____

On the five point scale provided please rate your response to the following statements:

	Strongly Agree	Agree	Neither agree, nor disagree	Disagree	Strongly Disagree
76 The choir is what I expected	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
77 I enjoy the conductor	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
78 I enjoy the supper	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
79 I enjoy the venue	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
80 I enjoy the performances/gigs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
81 I enjoy most of the songs we sing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
82 My singing has improved during my time with the choir	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
83 I regularly read choir newsletters	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
84 I think choir newsletters are informative	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
85 The choir is well organised	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
86 I would like to take part in more special workshops	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
87 I fell proud to be part of the choir	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

88. What is the very best part of the Choir for you? Please select up to 4 of the following.

- Singing Other creative opportunities
 Having fun Mixing with a different group of people
 Participating in a group/team The supportive environment
 Participating in the 'wish list' – being helped by others
 Participating in the 'wish list' – helping others)
 Improving community involvement The low-key, relaxed atmosphere
 Learning new songs Giving something back to the community
 Learning new skills Makes me feel good – healthier and more lively
 Improving confidence Improving networks
 Gets me out of my normal routine/s
 Other *Please specify* _____

89. Overall, the Choir is a positive experience for me

Strongly Agree	Agree	Neither agree, nor disagree	Disagree	Strongly Disagree
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

90. Are there any other comments you would like to make about the value of the Choir to you?

91. On the scale provided, please rate how you felt about yourself and your life when you started with the choir

Awful	Not very good	Neither good, nor bad	Pretty good	Fabulous
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

92. Please rate how you feel about yourself now

Awful	Not very good	Neither good, nor bad	Pretty good	Fabulous
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Thank you for completing the survey. If you would like to go into the draw for a prize provided by Creativity Australia please provide your contact details below. If you do provide your details, they will be detached from your anonymous survey response and used only for the prize draw.

93. Please provide your full name, phone number and email address in the field below, if you do wish to enter the prize draw (this is optional).

First Name	
Family Name	
Phone Number	
Email Address	