



Altona Meadows Sings

Would you like to be inspired, unleash your creative potential and improve your wellbeing? Then Altona Meadows Sings is for you!

Singing is the language of the heart. For centuries, song has played a key role in community, culture and story-telling. Yet how many people dare to sing freely these days... apart from in the shower?

Every week, Creativity Australia's *With One Voice* choirs inspire diverse people from more than 40 nationalities, aged 9 to 90, to sing side-by-side.

There are **no auditions** and **no singing experience is necessary**. Age, race, language, religion, disability and disadvantage fade away. Families, professionals, seniors, students, migrants, refugees... **everyone is welcome**.

With One Voice choirs are led by **professional conductors** and meet weekly, followed by supper.

*Benetas is proud to host
Altona Meadows Sings*

**Tuesdays
5.30 - 7.00pm**

from 4 February 2014

**Benetas St Georges
19 Howard Street
Altona Meadows**

Choir is a great place to find your voice, find friends and mentors, de-stress, learn English, build your wellbeing and confidence, learn new skills and find work.

Simply come along and you will be warmly welcomed. Participation is free for Benetas residents and carers. For others, participation is by tax-deductible donation.

Creativity Australia is a not-for-profit and a registered charity. Join us in song!